



Isolation and identification of staphylococcus bacteria from fresh water fish and its antibiotics sensitivity

Sameer Ahmad Ganaie, G D Sharma*

Department of Zoology, P.M.B. Gujarati Science College, (Affiliated to DAVV), Madhya Pradesh, India

Abstract

During the months of September 2018 and September 2019, a bacteriological test was carried out on 60 local healthy freshwater fish, including 30 goldfish (*Carasius auratus*) and 30 koi carps (*Cyprinus carpio*) of various weights purchased from local retail fish markets in Indore. Swabs from the skin and gills were inoculated on blood agar for 24 hours at 37 degrees Celsius (aerobic culture), and then chosen colonies were subjected to gramme staining, morphological features and biochemical assays for *Staphylococcus*. For all of the fish samples analysed, the proportion of *Staphylococcus* isolation was maximum. A total of 90 isolates from both examined fish species (48 from *Carasius auratus* and 42 from *Cyprinus carpio*) were identified, with different numbers and percentages for Isolated species were included: *S. aureus* (33.3%, 35.17%), *S. epidermidis* (25%, 28.57%), *S. hyicus* (22.91%, 16.66%), *S. saprophyticus* (12.5%, 11.90%), *S. intermedius* (6.25%, 7.14%) from total isolates. The results of six antibiotic sensitivity tests (Ampicillin 10 g (AM), Ofloxacin 10 g (OF), Ciprofloxacin 5 g (CIP), chloramphenicol (30 g) (CL), polymixin-300 (Poly), and CO-Trimaxazol-25g (CO- T)) were variable. Most *Staphylococcus* isolates were resistant to Ampicillin but susceptible to Ciprofloxacin and Ofloxacin.

Keywords: *staphylococcus*, *Carasius auratus*, *Cyprinus carpio*, antibiotics sensitivity

Introduction

Fish is abundant in proteins, vitamins and unsaturated fatty acids. It is also one of the most important feed components in recent years since it is the cheapest source of animal protein. Fish get contaminated due to their harsh environment, which includes sewage, polluted water, harvesting places, and contamination by employees, utensils, equipment, and unclean handling, resulting in the presence of a huge number of bacteria in the fish. Several studies on the bacterial flora of fish have been done. Despite some inconclusive findings, some of these studies demonstrate that the flesh and internal organs of healthy newly caught fish are microbiologically sterile. Bacterial disease kills a lot of fish, both wild and domesticated. Pathogenic bacteria are naturally occurring saprophytes, which are essentially opportunistic pathogens that infiltrate and cause diseases in the tissue of a fish.

A few bacterial species seem to be necessary fish parasites and they may live in the environment for varying lengths of time. *Aeromonas*, *Pseudomonas*, *Mycobacterium*, *Edwardsiella*, *Streptococcus*, *Staphylococcus* and *Closteridium* are among the more than hundred bacterial species discovered and classified as pathogens of freshwater and marine fish. One of the most prevalent food-borne opportunistic bacteria found from fish samples is *Staphylococcus*. A large population of these bacteria indicates the overall quality of the fish as well as the degree of spoilage. Multidrug-resistant *Staphylococcus* species have grown increasingly widespread in recent years, acting as an etiological infection agent, producing food poisoning and presenting a health risk when enterotoxigenic strains cause significant morbidity and mortality in people. The purpose of this research is to isolate and identify *Staphylococcus* species from the skin and gills of two ornamental fish species, *Carasius auratus* and *Cyprinus carpio* and to check for antibiotic resistance in *Staphylococcus* isolates.

Materials and Methods

The microbiological quality of two freshwater fish species obtained from local retail fish shops in Indore city between September 2018 and September 2019 was recorded. A total of 60 healthy indigenous fish, including 30 goldfish (*Carasius auratus*) and 30 koi carp (*Cyprinus carpio*), ranging in size from 50 to 250 grams. Cotton swabs from fish surfaces were transferred and cultured on nutrient agar plates for microbiological detection for 24 hours at 37° C under sterile circumstances (aerobic culture). Gram staining was performed on selected colonies, and those having *Staphylococcus* morphological features were subjected to a biochemical test. Standard antibiotic discs of (Ampicillin 10 g (AM), Ofloxacin 10 g (OF), Ciprofloxacin 5 g (CIP), chloramphenicol (30 g) (CL), polymixin-300 (Poly), and CO-Trimaxazol-25g (CO- T)) (BIOANALYS) were placed on top of the plates and incubated for 4 hours at 37°C using sterile swap (NCCLS procedures) A ruler was used to measure the diameter of the inhibitory zone.

Result

30 goldfish (*Carasius auratus*) and 30 carp fish (*Cyprinus carpio*) were tested from two different freshwater fish species.

For both fish species, the proportion of *Staphylococcus* isolation was 100% for all tested samples. A total of 130 isolates were obtained from goldfish (*Carasius auratus*) (48 isolates) and *Cyprinus carpio* (60 isolates) (42 isolates).

According to morphological traits, Gram stain, and biochemical test, five species of *Staphylococcus* were identified with varying quantities and percentages (table 1).

Table 1: Biochemical reactions and other characteristics of *Staphylococcus* isolates from fish.

Species	Pigmentation production	Haemolysis	Coagulase	Uearse	Oxidase	Catalase	MR	Glucose	Lactose	Mannitol	Sucrose	Motility
<i>S. saprophyticus</i>	-	-	-	+	-	+	+	+	+	+	+	-
<i>S. epidermidis</i>	-	v	-	+	-	+	+	+	+	+	+	-
<i>S. hyicus</i>	-	-	v	v	-	+	+	+	+	+	+	-
<i>S. intermedius</i>	-	+	+	+	-	+	+	+	+	+	+	-
<i>S. aureus</i>	+	+	+	v	-	+	+	+	+	+	+	-

(-): Negative, (+): positive, V: Variable

Isolated species were included: *S. aureus* (33.3%, 35.17%), *S. epidermidis* (25%, 28.57%), *S. hyicus* (22.91%, 16.66%), *S. saprophyticus* (12.5%, 11.90%), *S. intermedius* (6.25%, 7.14%) from total isolates (tables 2, 3).

Table 2: Number and percentage of *Staphylococcus* species isolated from skin, and gills of *gold fishes (Carasius auratus)*.

Species	Number and percentage of isolates			
	30/Gills	30/skin	Total	%
<i>S. aureus</i>	8	8	16	33.3
<i>S. epidermidis</i>	6	6	12	25
<i>S. hyicus</i>	5	6	11	22.91
<i>S. saprophyticus</i>	5	1	6	12.5
<i>S. intermedius</i>	2	1	3	6.25
Total	26	22	48	
%	54.16	45.83		100

Table 3: Number and percentage of *Staphylococcus* species isolated from skin and gills of *Cyprinus carpio*.

Species	Number and percentage of isolates			
	30/Gills	30/skin	Total	%
<i>S. aureus</i>	9	6	15	35.17
<i>S. epidermidis</i>	7	5	12	28.57
<i>S. hyicus</i>	4	3	7	16.66
<i>S. saprophyticus</i>	3	2	5	11.90
<i>S. intermedius</i>	2	1	3	7.14
Total	25	17	42	
%	59.52	40.47		100

The results of the Antibiotic Sensitivity test were mixed. Most *Staphylococcus* species were resistant to Ampicillin (AM), but responsive to Ciprofloxacin 5g (CIP) and Ofloxacin (OF), with varying susceptibility to other antibiotics such as chloramphenicol (30 g) (CL), polymyxin-300 (Poly), and CO-Trimaxazol-25g (CO- T) (table 4).

Table 4: Antibiotic sensitivity test for *Staphylococcus* species isolates

Antibiotic Species	Number of I Isolates Solate	Poly		CL		CO-T		AM		Cip		OF	
		S	R	S	R	S	R	S	R	S	R	S	R
<i>S. aureus</i>	31	0	31	14	17	21	10	0	31	27	4	28	3
<i>S. epidermidis</i>	24	0	24	13	11	4	20	4	20	21	3	22	2
<i>S. hyicus</i>	18	6	12	12	6	12	6	5	13	15	3	18	0
<i>S. saprophyticus</i>	11	0	11	0	11	2	9	1	10	11	0	11	0
<i>S. intermedius</i>	6	5	1	0	6	2	4	0	6	6	0	6	0

S: sensitive, R: resistant.

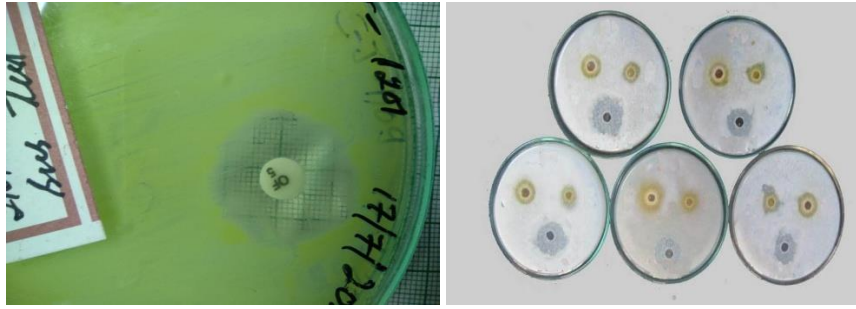


Fig 1: Photographs showing antibiotic sensitivity tests for various antibiotics

Discussion

Many key species of food-poisoning bacteria, such as Salmonella, Staphylococcus, Cl. Botulinum, Bacillus cereus etc. might be found in fish and fisheries products. Five species of Staphylococci were isolated from *Carasius auratus* and *Cyprinus carpio* in this investigation. Different percentages of both fish species were found in the isolated species from skins and gills. *S. aureus* (33.3%, 35.17%), *S. epidermidis* (25%, 28.57%), *S. hyicus* (22.91%, 16.66%), *S. saprophyticus* (12.5%, 11.90%), *S. intermedius* (6.25%, 7.14%). These findings are consistent with those of Shah and Tyagi (1986) [28], Lin *et al.*, (2007) [19], Ahmeed *et al.* (2008) [2]. Different predominant bacterial species infect the fish and enter the body through skin and gills that later spread to muscle, blood and different visceral organs during storage. The fish gut was found to be heavily laden with Staphylococcus species in general. The increased number of bacterial isolates found in fish (*Carasius auratus*) (48 isolates) and *Cyprinus carpio* in our study (42 isolates). The presence of Staphylococcus in fish samples indicates the unhygienic handling of fish and that Staphylococcus associated with aquatic environments, as well as contamination during post-harvest handling, hastens fish degradation. Several investigations have found these opportunistic and dangerous Staphylococcus from fish. Hamad *et al.*, (2008) discovered *S. aureus* in his studies produce enterotoxins, which are major causes of gastroenteritis caused by consuming fish. Because Staphylococci are present as commensals on the skin and mucous membranes, as well as environmental contaminants, infection may be endogenous or exogenous Quinn *et al.*, (2004) [26]. Many infections are opportunistic, although certain low-virulence types are pathogenic. Most isolated Staphylococci were resistant to Ampicillin, and some of them were multidrug resistant to more than two or three antibiotics; the widespread presence of antibiotic resistance in microorganisms emphasises the importance of good hygienic practise against antibiotic resistant infectious agents; however, most species were sensitive to Ciprofloxacin, which agrees with Sugita *et al.*, (1996), Al-Obaidy and Dabagh (2011) [4]

Conclusion

All contaminating organisms, such as those found in water, post-harvesting, marketing, dealers and handlers, are dangerous to fish. Fish flesh quality would suffer as a result of this processing, and fundamental guidelines for food borne diseases prevention and sanitation must be followed to safeguard the public from any health dangers, as well as the widespread existence of antibiotic resistant microbes.

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